

*A Celebration  
of Life*



*Award Presentations*



***Sunday, October 11, 2009  
2:00 P.M. – 4:00 P.M.***

***Birmingham Botanical Gardens  
2612 Park Lane Road***



**UAB** CENTER  
FOR AGING

# Center for Aging Director

*Richard M. Allman, MD*



Welcome and thank you for attending the Seventh Annual UAB Center for Aging “Celebration of Life” Award Reception. We want to express our appreciation to all who have supported the Center for Aging in the past year and to honor those who have helped carry out our mission of improving the health and well-being of older adults and their families.

We are pleased that UAB Highlands Hospital is able to host our reception today. Our other generous corporate sponsors are listed in the program. Please take time to visit our sponsors’ exhibits and join me in expressing your appreciation for their support.

Center for Aging faculty members are making great progress in establishing UAB as a world leader in creating and using knowledge that will optimize function, enhance management of illness, and reduce health disparities among older adults. The Center is working closely with the UAB Health System to improve health care for older adults, establishing a new Acute Care for the Elderly (ACE) Program at UAB Highlands in July 2008.

While the accomplishments of the Center for Aging are impressive, we have much more that we need to do. We trust that what you learn today will inspire you to give generously in support of the Center for Aging Annual Fund; perhaps in honor of one of our awardees or someone else you know who is committed to helping improve the health and well being of older adults. Thank you for your support.

# *Eighth Annual Center for Aging Awards Reception*

## *A Celebration of Life*

**2:00 p.m. Welcome and Award Presentations**

*Marcas M. Bamman, PhD  
Associate Director, Center for Aging*

**Grandparents of the Year Award**

*Rev. R. A. "Jerry" Cherry*

*Julia Cochran*

*Edith Farmer*

*Ella B. Gaines*

*William and Weesa Matthews, IV*

*Patricia Bolle Shepherd*

*Phyllis Grusin Weinstein*

**New Horizons Award**

*Sister Jane Bishop, OSB and the Community of Saint Francis Xavier Catholic Church*

*Honor Flight Birmingham*

*Jefferson County Council on Aging Meals on Wheels*

**Bynum Award**

*Emmie C. Bolden*

*Herman D. Bolden*

*Nelldeane Price*

*Elois Ramsey*

*Gertrude "Trudy" Tharpe, EdD*

**McCallum Award**

*Harry G. Vickers*

**2:45 p.m. Reception and Refreshments**

**4:00 p.m. Conclusion**

# CENTER FOR AGING AWARDS



**The McCallum Award** was established and named for former UAB president and former mayor of Vestavia Hills, Charles A. (Scotty) McCallum, Jr., DMD, MD, in 2003. It recognizes an individual or organization that has demonstrated outstanding leadership and service on behalf of the UAB Center for Aging and its mission.



**The Bynum Award** honors an adult who has continued to work to improve the health and well-being of older adults in the community long after retirement. The award, established in 2005, recognizes Robert Bynum's many years of service to older adults as Deputy Administrator of Social Security, as a member of the Alabama Commission on Aging, and as an employee and consultant for the Center for Aging.



**The New Horizons Award** recognizes not-for-profit organizations that have worked to enhance the health and well-being of older adults in the community. The award was started in 2003 and was named for New Horizons at UAB, a self-governing organization of older adults who design a curriculum to meet the diverse interests of its members.



**Grandparents of the Year Award** established this year recognizes grandparents who have inspired young people to have a positive outlook on aging, to serve older adults, or to strengthen families.

# THE MCCALLUM AWARD

## *Harry G. Vickers*



**Mr. Harry Vickers** was born on February 1, 1916 in Watertown, TN. He attended high school at Castle Heights Military Academy on a basketball scholarship. He was a member of the class of 1937 at Cumberland University in Tennessee and was affiliated with SAE fraternity.

Mr. Vickers' family moved to Birmingham in the mid-1930s and began building their business, Birmingham Hide and Tallow Company, Inc. Until recently, he was co-owner of the business, which continues to be managed by a family member in nine offices in Florida, Georgia, Alabama and Mississippi.

Mr. Vickers and his late wife, Mary Neil became parents to three children, William Harry Vickers, Gwen Vickers Bottom, and Janet Vickers Perry. He is a member of St. Mark United Methodist Church in Vestavia. He is an avid bridge player, and according to Gwen, he loves a good joke.

Mr. and Mrs. Vickers established the Harry and Mary Neil Vickers Endowed Scholarship at Cumberland University in 2000. According to Mr. Vickers, this has been a worthwhile and rewarding decision because he likes helping people who are in need. "I get more joy out of that than anything else," he said. An untold number of students have realized their dream of a college education because of their gift. In 2007, Mr. Vickers was awarded a Doctor of Humane Letters at Cumberland University. He was chosen based on his outstanding leadership in business and community service.

His philanthropic priorities have included St. Jude Children's Research Hospital, the Cornerstone School, the Salvation Army, the Methodist Church, and the UAB Center for Aging Acute Care for the Elderly (Ace) Unit at UAB Highlands.

# THE ROBERT P. BYNUM AWARD

*Mr. Herman D. and Mrs. Emmie C. Bolden*



**Mr. and Mrs. Herman and Emmie Bolden** have a passion for helping others and have a longstanding commitment to healthcare, particularly for older adults. Active in the community, the Boldens continue to be a wonderful example of older adults engaged in civic and philanthropic endeavors.

As chairman and president of his 55 year old Southern Coach Parts Company, Mr. Bolden has given generously of the company's pro-fits supporting educational, medical, charitable, and religious organizations throughout the state. He has served on numerous organizations, including the Birmingham Chamber of Commerce. He is a member of the Birmingham Metro Board of the American Cancer Society, receiving its Excalibur Award on more than one occasion. Mr. and Mrs. Bolden are members of the Alexis de Tocqueville Society of United Way and have supported the Arthritis Foundation, Crippled Children's Foundation, Goodfellow Fund, the American Heart Association, among many others.

Volunteers and loyal supporters of UAB, Mr. and Mrs. Bolden's generosity has directly benefited the Comprehensive Cancer Center, the Alys Stephens Performing Arts Center, the Schools of Nursing and Dentistry, the Center for Palliative Care, the Departments of Medicine and Ophthalmology, WBHM, and other areas across campus. The Cancer Center's Molecular Genetic Research Laboratory and the Wallace Tumor Institute have benefited from substantial contributions by the Bolden's. In addition, Mr. and Mrs. Bolden have been generous with their time, serving as charter members of the Cancer Center's Supporters Board and contributing to the Board's fundraising efforts.

Mr. and Mrs. Bolden were inducted into the Alabama Senior Citizens Hall of Fame in 1990. In 2007, they were recognized by the Alabama Chapter of the Association of Fundraising Professionals with the William M. and Virginia B. Spencer Outstanding Philanthropist Award. In 2008, UAB awarded Mr. Bolden an honorary Doctor of Humanities.

# THE ROBERT P. BYNUM AWARD

## *Nelldean Price*



**Ms. Nelldean Price** was born on May 3, 1927. Throughout her adult life, she has championed the cause of welfare of the elderly. She has volunteered her time to support activities for seniors to help keep them engaged in the community. Among the outreach Ms. Price has performed, she has driven a bus for seniors, providing access to outings and events. She has visited homebound elders and those in nursing homes to provide them with company and a friendly face. Ms. Prices has delivered Meals on Wheels to those unable to care for themselves.

Ms. Price continued to be active in the elderly community, serving for many years with the Homewood Prime Timers, becoming vice president and receiving an award honoring her service in 1998. The Prime Timers developed a base of volunteers to give assistance in communicating to elders in the community available services and how to access those services.

From 1998-2009, Ms. Price devoted her time to a research project on aging—UAB’s ACTIVE study. During the ten years of the study, she was interested in why certain aspects of aging take place. The research focused on memory, reasoning, and speed of processing, and gave Ms. Price a greater sense of her connection to the plight of elders, increasing her interest in finding a coordinated way to assist them in their later years.

During a conversation with Susann Montgomery-Clark, Director of Philanthropy at St. Vincent’s Hospital Foundation, Ms. Price related her concerns about the healthcare needs of the elderly patients who become elder orphans because they have no one to care for them. As a result, Ms. Clark organized a task force consisting of Ms. Price and other community members who worked with elders or who were elders and elder orphans themselves. The needs of those individuals were identified and compiled into a program related to elder services and healthcare. Today, because of her efforts, St. Vincent’s Birmingham has a community-based ministry for elder orphans/couples.

# THE ROBERT P. BYNUM AWARD

## *Elois Ramsey*



**Mrs. Elois Ramsey** values education with learning and teaching. She is a retired school teacher and taught in Shelby County and Camden Academy for more than 20 years. Currently, she is the President of the Zion City Neighborhood Association, where she has had an affiliation for 15 years. She is a member-at-large of the Birmingham Tree Commission in which she received the Friend of Urban Forestry Award from Birmingham Mayor Larry Langford.

Mrs. Ramsey enjoys providing health information to senior citizens. She volunteers at the Shepherd Center East Senior Center where she is a member of the board. She is active in her church, serving as the secretary. To keep members of her congregation and community informed on current health information, she distributes the *Senior Living* monthly newspaper, created a health bulletin, and keeps an information table stocked with health pamphlets. Mrs. Ramsey is also secretary of the Eastlake Community Center that provides resources and activities to senior citizens and members of the eastern community.

In 2006, Mrs. Ramsey, participated in an NIH project for cardiovascular disease in which she completed the required 12-week training program to become a Community Health Advisor (CHA). As a CHA, she served as president for two terms. She is instrumental in passing on the knowledge she has gained to her church and various community organizations serving senior citizens and others in her community.

Mrs. Ramsey was runner-up in the 1996 J. C. Penney & United Way Golden Rule Award for her volunteer service. In 2002, she was awarded the Women of Distinction Award by the Iota Lambda Sorority for her work in the community. Mrs. Ramsey continues to stay active in her community but also enjoys working with the Camden Academy Alumni Association Birmingham Chapter.

# THE ROBERT P. BYNUM AWARD

## *Gertrude “Trudy” Tharpe, EdD*



**Dr. Gertrude “Trudy” Tharpe** is a Grief Specialist for Alabama Grief Support Services in Birmingham, AL. She keeps a regular schedule of individual appointments with grieving children, youth, and adults. She also leads several weekly Grief Support Groups, plans grief seminars and trains volunteers for work with support groups.

Dr. Tharpe’s experience includes 20 years of crisis counseling that began as director of the grief support program at Ridout’s Brown Service group of funeral homes, as well as university teaching in the United States and overseas.

In addition, Dr. Tharpe has held several administrative positions. For years, she was Associate Director of Admission at the University of Alabama School of Medicine, Birmingham, AL. For more than five years, she was Publications Director of WMU, SBC, a national women’s organization, publishing monthly magazines and books for that organization.

Dr. Tharpe has a BA from Tift College, an MA from Furman University in Counseling, an MRE from Southern Seminary in Religious Education/Social Work, and an EdD from Vanderbilt University in Higher Education/Counseling Psychology.

A native of South Carolina, “Trudy” has studied and worked throughout the southeast. After her marriage to Ed Tharpe, a minister and university professor, the couple lived and worked in Virginia before going overseas to work in Hawaii and Hong Kong. She has three adult children, Alan, David, and Jeanie and five grandchildren.

After Ridout’s Brown Services was sold, Dr. Tharpe became founding director of Community Grief Support Services where she served seven years before assuming directorship of Alabama Grief Support Services.

# NEW HORIZONS AWARD

**NEW HORIZONS at UAB** is a membership group of men and women of retirement age who wish to keep their minds active through learning and fellowship. Launched in January 1989, it is sponsored by the UAB Center for Aging and the Associate Provost for Academic Programs and Policy as a self-governing and member-directed program.

The New Horizons Award is presented to not-for-profit organizations that enhance the health and well-being of older adults.



## 2009 NEW HORIZON AWARDEES



**Sister Jane Bishop, OSB  
and the Community Of Saint Francis Xavier  
Catholic Church**

Sister Jane Bishop serves as a special minister of pastoral care to the sick, dying, bereaved, aged of the community, and she trains and supervises scores of volunteers from the parish who share in this special ministry of care. She coordinates ministerial visits, comforts, and makes herself available to those to whom she ministers without limitation. Sister also trains and facilitates parish volunteers in this ministry.

Sister Jane arranges for transportation to church for Sunday Mass for those who need assistance. She also organizes and oversees a monthly luncheon and bingo social event in the parish hall so that seniors can spend quality time together in fellowship.

Visits to patients in the hospital and at home are a significant part of her ministry. She shares important prayer time with them, and she helps plan and prepare final arrangements when it becomes necessary. She encourages and helps supervise lay involvement in social concerns and activities both on the local and Third World levels, especially the mission of Cinco de Mayo, Mexico which is the adopted community of the parish.

Sister Jane is an uncommonly compassionate, empathetic, loving person ideally suited for her chosen ministry. Those to whom she ministers care and love her deeply and they are dependent upon her for their prayerful and spiritual needs. She is a "senior" herself but never fails to find the energy and the desire to assist others regardless of their age. She serves as an excellent example to those to whom she ministers and to the lay people who assist her in this program.



**Honor Flight Birmingham** is a non-profit program created solely to honor America's veterans for all their sacrifices by flying these American heroes to Washington, DC to visit and reflect at their memorials. Top priority is given to senior veterans – WW II survivors along with other veterans who may be terminally ill. The WW II Memorial was not dedicated until April 2004, nearly

sixty years after the end of the war, therefore, there are many veterans who have not had the opportunity or the resources to see their country's tribute to their bravery.

Based on recent statistics, we are losing WW II veterans at the rate of 1200 per day. With many not having the resources or support systems to undertake such a trip, Honor Flight is doing whatever it takes to fulfill the dreams of our veterans and, more importantly, our senior heroes travel *absolutely free and* are accompanied by trained volunteer guardians who pay their own expenses simply for the honor of serving these American heroes.



### **JEFFERSON COUNTY COUNCIL ON AGING MEALS ON WHEELS**

The Meals on Wheels (MOW) program, operated by the Jefferson County Council on Aging, continues to meet the needs of Jefferson County homebound seniors with hot, nutritious noon meals, as it has since its beginning in 1976. This program, consisting of three components: hot meals program, frozen food program funded by the Beeson Trust, and frozen food program supported by the Office of Senior Citizens Services (OSCS), now serves over 900 clients on a daily basis. During fiscal year 2007/2008, over 240,000 meals were served to home-bound seniors in Jefferson County.

Meals are delivered by over 600 volunteers, who currently fill 57 routes across Jefferson County, and seven staff drivers covering an additional seven routes. Volunteers describe their work with the MOW program to be extremely rewarding. In addition to providing a hot meal, volunteers provide socialization for homebound seniors.

# **GRANDPARENTS OF THE YEAR AWARD**

This new award celebrates grandparents who have inspired young people to have a positive outlook on aging, to serve older adults, or to strengthen families.

**Rev. R. A. “Jerry” Cherry**

**Julia Cochran**

**Edith Farmer**

**Ella B. Gaines**

**Weesa Matthews**

**William Matthews**

**Patricia Bolle Shepherd**

**Phyllis Grusin Weinstein**

# CENTER FOR AGING

## PREVIOUS AWARDEES



### MCCALLUM AWARD

2003

Charles A. McCallum, Jr., DMD, MD  
Cameron M. Vowell, PhD

2004

Philip and Georgene Keirn  
James Russell

2005

Thomas H. and Jarman F. Lowder Foundation

2006

Corinne H. Rieder, EdD  
The John A. Hartford Foundation

2007

Robert G. Sherrill, Jr., MD, MA, FACPE

2008

The Evelyn McKnight Brain Research Foundation  
Jean B. Morris

# CENTER FOR AGING

## PREVIOUS AWARDEES



### BYNUM AWARD

2005

Robert P. Bynum

2006

Colonel Stone Johnson

2007

Hyman "Herc" Levine

2008

Steffen Waendelin  
Thomas A. S. Wilson, MD

### NEW HORIZONS AWARD

2005

New Horizons at UAB

2006

Alabama Retired State Employees' Association  
Shepherd Center Southside

2007

Joy Club of the Levite Jewish Community Center

2008

Alzheimer's of Central Alabama  
The Assistance League of Birmingham  
Collat Jewish Family Services  
Episcopal Place  
Fairhaven Retirement Center  
Hand-in-Paw  
The Lakeshore Foundation  
The Seasoned Performers  
Senior Talk Line (Crisis Center)  
St. Martin's in the Pines

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